



MARATHON

SOP: DVP Marathon – Physiotherapy Support for Runners

Event Name: DVP Marathon for Runners

Date: 02/02/2025

Organizing Institute: Lifeline Institute of Physiotherapy

Purpose:

To provide stretching and basic physiotherapy support to marathon runners and to give practical exposure to physiotherapy students in sports rehabilitation.

Participants: 30

Principal: Dr. Deepak Krishan

Organizers:

Dr. Ashwini Pardeshi

Dr. Dhanraj Navatre

Scope:

Applicable to participating physiotherapy students, faculty coordinators, and marathon runners.

Objectives:

- To assist athletes with pre- and post-run stretching
- To promote awareness of physiotherapy in sports
- To enhance clinical and practical skills of students

Roles & Responsibilities:

- Faculty Organizers: Supervision and guidance
- Students: Stretching and basic physiotherapy assistance
- Volunteers: Crowd management and support

Code of Conduct & Safety:

- Professional and ethical conduct mandatory
- Proper communication with athletes
- Care taken to avoid injury during stretching
- Faculty supervision at all times

Documentation:

Attendance of students, photographs, and activity report

Approval:

Approved by the Principal, Lifeline Institute of Physiotherapy



Principal Signature
Principal
Lifeline Institute of Physiotherapy
Pandharpur, Dist. Solapur